"Can I Play With You?"
Exploring the Development of Children’s Social Skills

The goals of this workshop are to introduce:
1. The set of social skills required for children to be able to make friends, resolve conflicts, and control emotions;
2. That after school program staff can actively support the growth of those skills.

Let’s start by playing a game of *Mummy Wrap*
Best Practice Guidelines for Connecticut After School Programs:

- Human Relationships #5:
  1) Staff use positive techniques to guide children's behavior.
  2) Staff teach children how to guide their own behavior by developing the skills needed in supervised settings.

7Cs of Social Skills

From Jim and Laurie Ollhoff’s “Getting Along: Teaching Social Skills to Children”

1. Communication
2. Conflict Resolution
3. Control of Emotions
4. Confidence
5. Curiosity
6. Coping
7. Community Building

Form groups and use “team” or “community building” skills to brainstorm strategies for activities that support growth in the 7Cs.
Mummy Wrap – Revisited

Did we use the 7Cs as we did the Mummy Wrap? Share examples of specific skills.

Helping children to grow their social skills can help to make your program a safe, happy place where kids can make friends.

For more information read: *Getting Along: Teaching Social Skills to Children*, by Jim and Laurie Ollhoff. Or ask for further training through the CT After School Network’s Training and Consultation Service.