End Hunger CT! and the CT After School Network present:

Leveraging Funds & Partnerships to Bring Nutritious Foods to Your Afterschool Program
Michelle Doucette Cunningham

Connecticut After School Network
Executive Director
Webinar Housekeeping

- For Audio
  - Phone: (712) 432-0075
  - Access code: 343808
  - All lines are muted
- Questions for the speakers?
  - Type them into Chat
Overview

- Introductions & Welcome from CT After School Network & End Hunger Connecticut!
- Why Suppers? Reap the Benefits
- Nuts and Bolts of Eligibility
- First Steps to Making It Happen
Genevieve Caron

End Hunger CT!
Child Nutrition Coordinator
Poll

Tell us who you are! Are you:

1. An afterschool program staff member
2. A school official
3. Other
Why Suppers?

- School days are getting longer
  - Some students may not get home until well after 6PM.

- Many students are famished after school because they receive lunch so early in the day.

- Kids are often hungry and offering a small snack just isn’t enough.
Benefits

- Providing a meal can:
  - Help control hunger, energize students, and improve behavior.
  - Allow children to focus on enrichment activities and thus further their education.
  - Increase program participation.
  - Help parents stretch food dollars.
Poll

Is your afterschool program currently providing snacks?

1. Yes, through CACFP
2. Yes, through other funds
3. No
4. I am not affiliated with an afterschool program
Shannon Yearwood

End Hunger CT!
CT No Kid Hungry Campaign Manager
What Is It Called?

- The Child and Adult Care Food Program (CACFP) At-Risk Afterschool Meal Program
- The Afterschool Meal Program
- The Supper Program
- “Suppers”
Context

- Child Nutrition Reauthorization 2010
- The Healthy, Hunger-Free Kids Act of 2010 (P.L. 111-296)
- It’s new but growing!
- Hartford, East Hartford, New Britain, New London, Putnam, Windham, Manchester, Middletown, Danbury, Meriden, & Vernon
Lingo

- Sponsor
  - School Food Authority/School Food & Nutrition Services
- Sites
- Attendance Counts
- Meal Counts
- Meal Pattern & Reimbursement
  - USDA
  - National School Lunch Program (NSLP)
  - Child and Adult Care Food Program (CACFP)
- Attendance Area
Poll

The entity providing supper meals to an eligible afterschool enrichment program is known as:

1. Site
2. Sponsor
3. School Food Authority
4. None of the Above
# How Do Suppers Work?

<table>
<thead>
<tr>
<th><strong>SPONSOR</strong></th>
<th><strong>SITE</strong></th>
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</thead>
<tbody>
<tr>
<td>NSLP/CACFP Application</td>
<td>Afterschool Enrichment Activity</td>
</tr>
<tr>
<td>Daily &amp; Ongoing Reporting/Records</td>
<td>Daily Attendance Records</td>
</tr>
<tr>
<td>Meals Served</td>
<td>Supervision</td>
</tr>
<tr>
<td>Meal and Snack Prep &amp; Reimbursement</td>
<td></td>
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<tr>
<td>Training</td>
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<tr>
<td>Meal Service</td>
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<td>Monitoring</td>
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<td>Financials</td>
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</tbody>
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Nuts and Bolts of Eligibility

- Must be in the attendance area of a school where 50% or more of the students are eligible for F/R meals.
  - Refer to Area Eligible School list
  - Refer to Site Eligible School list
## Nuts and Bolts of Eligibility

<table>
<thead>
<tr>
<th>Town/Sponsor</th>
<th>CT Schools</th>
<th>% F &amp; R</th>
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<tbody>
<tr>
<td>Greenwich</td>
<td>Hamilton Avenue School</td>
<td>58.15%</td>
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<tr>
<td></td>
<td>New Lebanon School</td>
<td>64.00%</td>
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<tr>
<td>Groton</td>
<td>Catherine Kolnaski Elementary School</td>
<td>67.72%</td>
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<tr>
<td></td>
<td>Charles Barnum School</td>
<td>51.91%</td>
</tr>
<tr>
<td></td>
<td>Claude Chester School</td>
<td>67.58%</td>
</tr>
<tr>
<td></td>
<td>Mary Morrisson School</td>
<td>51.85%</td>
</tr>
<tr>
<td></td>
<td>West Side Middle School</td>
<td>63.11%</td>
</tr>
<tr>
<td>Hamden</td>
<td>Church Street School</td>
<td>85.75%</td>
</tr>
<tr>
<td></td>
<td>Helen Street School</td>
<td>65.45%</td>
</tr>
<tr>
<td></td>
<td>Ridge Hill School</td>
<td>58.88%</td>
</tr>
<tr>
<td>Hartford</td>
<td>Achievement First Hartford</td>
<td>86.32%</td>
</tr>
<tr>
<td></td>
<td>America's Choice at SAND</td>
<td>98.07%</td>
</tr>
</tbody>
</table>
Nuts and Bolts of Eligibility

- Other requirements for your program:
  - During the school year and after normal school hours.
  - Provides organized, regularly scheduled activities in structured and supervised environments.
  - Includes educational or enrichment activities.

- Programs CANNOT:
  - Have skills-based requirements for entry
  - Charge for meals or snacks
Meal Service 101

O Nutritional guidelines have to be met by the sponsor. Examples of meals include:
  O A turkey sandwich, an apple, carrot sticks, and a carton of milk.
  O Baked chicken, steamed broccoli, apple slices, a whole wheat roll, and fat-free or low-fat milk.

O **Meals must be eaten on-site.**

O To serve both a snack and a supper:
  O If snack is served first - 2 hours must elapse before supper
  O If supper is served first - 2 ½ hours must elapse before a snack
Daily Record Keeping & Forms

- Daily attendance/Kids present
  - Roster
  - Sign-In sheet

- Daily record of food served
  - Suppers served
  - Snacks served
Bringing Suppers to Your Program: What to Consider

- Time of meal service
  - Do you want to serve at beginning or end of program? What should you consider?
- Place
  - Where will kids be able to eat together?
- Supervision
- Responsibility for Daily Attendance records
- Responsibility for Daily Meal Count records
Bringing Suppers to Your Program: Finding a Sponsor

- Determine that your afterschool program is eligible
- Contact a local school food service director or CACFP sponsor
  - Are they already sponsoring suppers?
    - If yes; will they expand? (Monitoring)
    - If no; will they start? (Labor)
- Custodial
Bringing Suppers to Your Program: Finding a Sponsor

- How to approach a potential sponsor -
  - Have your participation numbers ready.
  - Has the potential sponsor provided afterschool snacks to participants in your afterschool program?
  - Ask if they know about suppers. If not, explain the benefits.
  - Have staff who will take daily Attendance Records already designated.
  - Provide them with resources.
Nick Aldi
Manchester Public Schools
Food Service Director
Thank You!

Questions?

*Want help figuring out your next step? Enter your name and email information into the chat box and we will get in touch with you!
Resources

- At-Risk Afterschool Meals - A CACFP Handbook

- USDA At-Risk Afterschool Meals (Supper) FAQ

- Overview of the At-Risk Afterschool Meals Program

- Moving from Afterschool Snack to a Meal: It is easier than you think!
Contact Us

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End Hunger CT!

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