

**CONNECTICUT
NETWORK
FOR CHILDREN AND YOUTH**

**Beyond "Good Job":
How to Use Praise Effectively in After School Settings**

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Imagination Travel




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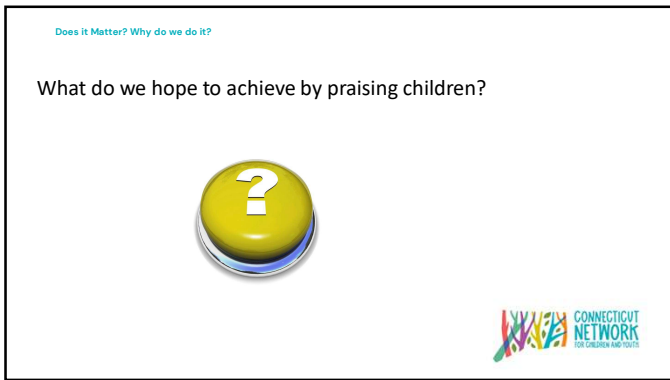
Where is our destination?



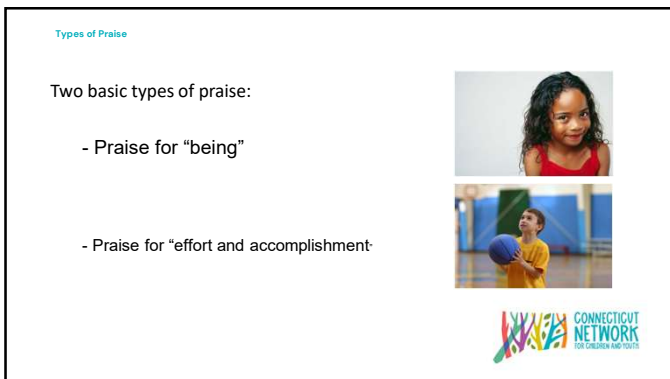

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Don't Compare with Praise

Is there ever a time when praise is bad for a child?




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The Role of Self-Esteem

“The Psychology of Self-Esteem” by Nathaniel Branden, published in 1969 promoted the following ideas:

1. Self esteem was the single most important facet of a human being;
2. One must do whatever one can to achieve positive self esteem.





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Praise as Celebration

Adults should use praise as a celebration of:



- What concrete or specific thing the person did for you;
- How you feel about that specific action;
- What need of yours was fulfilled by their action.



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Praise and Behavior Management

- After school program staff can use meaningful praise to:
 - Help children identify and name positive behaviors;
 - Support increased demonstration of positive behaviors
 - Model positive use of praise for children to imitate with their peers.





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"Good Job"

65 Ways to Say "Good Job"

- Circle the statements that are vague.
- Draw a square around those statements that demonstrate adult approval.
- Reword the remaining for increased effectiveness.



"65" in American Sign Language



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Where do we want to take the children we work with?





Using praise effectively is one way to get where we want to go.



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What do we want children to remember when they leave our program?



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For more information on this topic look on the web for :

1. Alfie Kohn "Five Reasons to Stop Saying 'Good Job'"
2. The National Network for Children Care
3. Familyeducation.com




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Keep Learning...

Continue the discussion...book an on-site professional development session

The Connecticut After School Network's Training and Consultation Service



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